## Financial Fitness Guide

Tips for a healthy savings plan



## **Exercise these savings tips.**

Tips for Saving More	Financial Benefits for You	Tips for Saving More Financial Benefits for You
Have an emergency savings fund as a separate savings account.	Be prepared for unexpected expenses. Set a goal for saving 3 to 6 months of living expenses.	Review your investments at least annually with a trusted financial provider.
Choose direct deposit into your account.	Your money is available for immediate use. Reduces overdraft potential and lost/stolen checks.	Use mobile or online banking to review transactions regularly and make account transfers 24/7. Balance your accounts more often to avoid potential overdrafts from transactions you forgot to record.
C Schedule a pre-authorized transfer (PAT) from checking to savings every payday.	Automatically deposits money into your savings account. You establish the amount and frequency. Out of sightout of mind.	Arrange automatic payments for utilities, loan payments, etc. or schedule bill payments through Bill Pay Plus.
Open a Christmas Club Savings Account.	Be prepared for holiday expenses and avoid adding debt to pay for gifts.	Schedule a check-up with our mortgage experts to compare your mortgage rate for refinancing potential. <sup>2</sup>
Discuss your savings goals with your spouse, close friend or trusted financial provider.	Let someone else help make you accountable and celebrate your successes.	Request and inspect your free credit report annually from multiple
Track your monthly expenses.	Seeing where your money goes is the only way to identify places to save.	credit reporting agencies at www.annualcreditreport.com. Request one from each agency quarterly for more frequent monitoring.
Contribute to your employer's retirement plan.	Take advantage of any employer matching contributionsit's free money for you and reduces your taxable income. <sup>1</sup>	Consolidate high-interest rate loans. <sup>2</sup>
Make an Individual Retirement Account contribution.	Supplement your employer retirement plan and earn a tax benefit.1	Stay on track with a budgeting calculator. Visit civista.bank/calculator/home-budget.





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